

THIRD SUNDAY IN
LENT

Third Sunday in Lent

March 8, 2026

In today's gospel the Samaritan woman asks Jesus for water, an image of our thirst for God. Jesus offers living water, a sign of God's grace flowing from the waters of baptism. The early church used this gospel and those of the next two Sundays to deepen baptismal reflection during the final days of preparation before baptism at Easter. As we journey to the resurrection feast, Christ comes among us in word, bath, and meal—offering us the life-giving water of God's mercy and forgiveness.

GATHERING

The Holy Spirit calls us together as the people of God

PRELUDE

WELCOME

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, ✠ one God,
who forgives all our sin,
whose mercy endures forever.

Amen.

Let us confess our sin before God, who removes our guilt
and blots out all offenses.

Silence is kept for reflection.

Gracious God,

have mercy on us according to your steadfast love.

For seeking worldly delights that deceive us and dishonor you:

Gracious God,

have mercy on us according to your steadfast love.

For desiring self-reliance instead of hungering for your word:

Gracious God,

have mercy on us according to your steadfast love.

For failing to recognize your coming reign,

and for hindering the work of the Spirit: Gracious God,

have mercy on us according to your steadfast love.

For drawing from the well of self-serving ambition,
and for disdaining the living water Christ offers: Gracious God,
have mercy on us according to your steadfast love.

For disregarding voices from the margin,
and for distrusting signs of your healing and hope in the world:
Gracious God,
have mercy on us according to your steadfast love.

For dwelling in tombs of self-pity and discontent,
and for disregarding Christ's call to come forth to life:
Gracious God,
have mercy on us according to your steadfast love.
God's steadfast love, grace, and forgiveness abound.

Through faith, the free gift of God,
you have been clothed in the righteousness of Christ.
In the name of + Jesus Christ, your sins are forgiven.
The Spirit of the One who raised Christ from the dead
dwells in you,
pours God's love into your hearts,
and gives you life and peace.
Amen.

HYMN

Open Now Thy Gates of Beauty RED ELW #533
(Vs. 1, 2 & 4)

- 1 Open now thy gates of beauty,
Zion, let me enter there,
where my soul in joyful duty
waits for God who answers prayer.
Oh, how blessed is this place,
filled with solace, light, and grace!**
- 2 Gracious God, I come before thee;
come thou also unto me;
where we find thee and adore thee,
there a heav'n on earth must be.
To my heart, oh, enter thou,
let it be thy temple now!**

**4 Thou my faith increase and quicken,
let me keep thy gift divine;
howsoe'er temptations thicken,
may thy word still o'er me shine
as my guiding star through life,
as my comfort in all strife.**

Text: Benjamin Schmolck, 1672-1737; tr. Catherine Winkworth, 1827-1878, alt.
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GREETING

The grace of our Lord Jesus Christ, the love of God,
And the communion of the Holy Spirit be with you all.
And also with you.

PRAYER OF THE DAY

The Lord be with you.
And also with you.

Merciful God,
**the fountain of living water, you quench our thirst and wash away our sin. Give us
this water always. Bring us to drink from the well that flows with the beauty of your
truth through Jesus Christ, our Savior and Lord, who lives and reigns with you and the
Holy Spirit, one God, now and forever.**
Amen.

SPECIAL MUSIC

It Is Well With My Soul

Arr. Craig Courtney

One License #35546 & #245801

FIRST READING: Exodus 17:1-7

Because the thirsty Israelites quarreled with Moses and put God to the test, Moses cried out in desperation to God. God commanded Moses to strike the rock to provide water for the people. The doubt-filled question—“Is the LORD among us or not?”—received a very positive answer.

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarreled with Moses and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” ³ But the people thirsted there for water, and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” ⁴ So Moses cried out to the LORD, “What shall I do for this people? They are almost ready to stone me.” ⁵ The LORD said to Moses, “Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. ⁷ He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

Word of God. Word of Life.

Thanks be to God.

PSALM: Psalm 95

¹ Come, let us sing to the LORD;

let us shout for joy to the rock of our salvation.

² **Let us come before God’s presence with thanksgiving
and raise a loud shout to the LORD with psalms.**

³ For you, LORD, are a great God,
and a great ruler above all gods.

⁴ **In your hand are the caverns of the earth;
the heights of the hills are also yours.**

⁵ The sea is yours, for you made it,
and your hands have molded the dry land.

⁶ **Come, let us worship and bow down,
let us kneel before the LORD our maker.**

⁷ For the LORD is our God, and we are the people of God's pasture and the sheep of God's hand.

Oh, that today you would hear God's voice!

⁸ **"Harden not your hearts,
as at Meribah, as on that day at Massah in the desert.**

⁹ There your ancestors tested me,
they put me to the test, though they had seen my works.

¹⁰ **Forty years I loathed that generation, saying,
'The heart of this people goes astray; they do not know my ways.'**

¹¹ Indeed I swore in my anger,
'They shall never come to my rest.' "

SECOND READING: Romans 5:1-11

Though we often hear that God helps those who help themselves, here Paul tells us that through Jesus' death God helps utterly helpless sinners. Since we who had been enemies are reconciled to God in the cross, we now live in hope for our final salvation.

¹ Since we are justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom we have obtained access to this grace in which we stand, and we boast in our hope of sharing the glory of God. ³ And not only that, but we also boast in our afflictions, knowing that affliction produces endurance, ⁴ and endurance produces character, and character produces hope, ⁵ and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

⁶ For while we were still weak, at the right time Christ died for the ungodly. ⁷ Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸ But God proves his love for us in that while we still were sinners Christ died for us. ⁹ Much more surely, therefore, since we have now been justified by his blood, will we be saved through him from the wrath of God. ¹⁰ For if while we were enemies we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹ But more than

that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Word of God. Word of Life.

Thanks be to God.

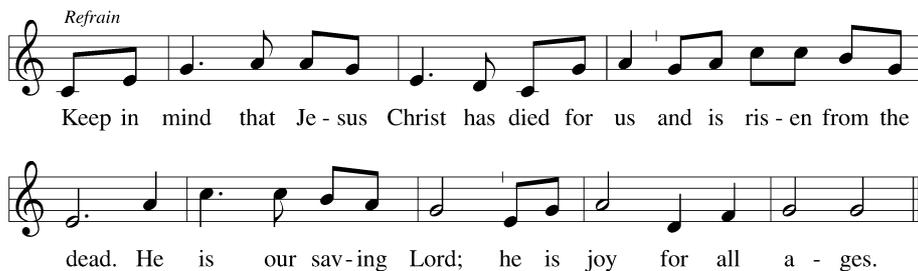
PLEASE RISE FOR THE GOSPEL ACCLAMATION

Keep in Mind that Jesus Christ Has Died for Us

One License #50050

Keep in Mind That Jesus Christ Has Died for Us

Refrain



Keep in mind that Je - sus Christ has died for us and is ris - en from the
dead. He is our sav - ing Lord; he is joy for all a - ges.

GOSPEL: John 4:5-42

The holy gospel according to John.

Glory to you, O Lord.

Jesus defies convention to engage a Samaritan woman in conversation. Her testimony, in turn, leads many others to faith.

⁵ [Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph.⁶ Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷ A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink."⁸ (His disciples had gone to the city to buy food.)⁹ The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.)¹⁰ Jesus answered her, "If you knew the gift of God and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."¹¹ The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water?"¹² Are you greater than our

ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?" ¹³ Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵ The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

¹⁶ Jesus said to her, "Go, call your husband, and come back." ¹⁷ The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband,' ¹⁸ for you have had five husbands, and the one you have now is not your husband. What you have said is true!" ¹⁹ The woman said to him, "Sir, I see that you are a prophet. ²⁰ Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." ²¹ Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth." ²⁵ The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." ²⁶ Jesus said to her, "I am he, the one who is speaking to you."

²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" ²⁸ Then the woman left her water jar and went back to the city. She said to the people, ²⁹ "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" ³⁰ They left the city and were on their way to him.

³¹ Meanwhile the disciples were urging him, "Rabbi, eat something." ³² But he said to them, "I have food to eat that you do not know about." ³³ So the disciples said to one another, "Surely no one has brought him something to eat?" ³⁴ Jesus said to them, "My food is to do the will of him who sent me and to complete his work. ³⁵ Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶ The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, 'One sows and another reaps.' ³⁸ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

³⁹ Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." ⁴⁰ So when the Samaritans came

to him, they asked him to stay with them, and he stayed there two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.
Praise to you, O Christ.

SERMON ON THE STEPS

SERMON

HYMN OF THE DAY

I Heard the Voice of Jesus Say RED ELW #332

- 1 I heard the voice of Jesus say,
"Come unto me and rest;
lay down, O weary one, lay down
your head upon my breast."
I came to Jesus as I was,
so weary, worn, and sad;
I found in him a resting-place,
and he has made me glad.

- 2 I heard the voice of Jesus say,
"Behold, I freely give
the living water, thirsty one;
stoop down and drink and live."
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

**3 I heard the voice of Jesus say,
"I am this dark world's light;
look unto me, your morn shall rise,
and all your day be bright."
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk
till trav'ling days are done.**

Text: Horatius Bonar, 1808-1889
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APOSTLES' CREED

**I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.*
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYERS OF INTERCESSION

Hear us, O God. **Your mercy is great.**

Receive our prayers, O God, through Jesus Christ, our strength and salvation.
Amen.

THE PEACE

MEAL

God feeds us with the presence of Jesus Christ.

OFFERING

OFFERING HYMN

Create in Me a Clean Heart RED ELW #188

**Create in me a clean heart, O God,
and renew a right spirit within me.
Cast me not away from your presence,
and take not your Holy Spirit from me.
Restore unto me the joy of your salvation,
and uphold me with your free Spirit.**

OFFERTORY PRAYER

O God, maker of heaven and earth,
your steadfast love embraces all creation.
You send rain and sunshine to nourish the earth
and bring forth its bounty.
Through these gifts of bread and wine,
draw us into the death and life of your Son,
who calls us to bear witness to his saving work.
We ask this in Jesus' name.
Amen.

THE SACRAMENT OF HOLY COMMUNION GREAT THANKSGIVING

The Lord be with you. **And also with you.**
Lift up your hearts. **We lift them to the Lord.**
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

PREFACE

HOLY HOLY HOLY

RED ELW page 207

**Holy, holy, holy Lord,
God of power and might,
heav'n and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

**Hosanna in the highest,
hosanna in the highest.**

In the night in which he was betrayed, our Lord, Jesus Christ took bread, gave thanks, broke it, and gave it to the disciples saying, "Take and eat. This is my body given for you. Do this in remembrance of me."

Again after supper, he took the cup, gave thanks, and gave it for all to drink saying, "This cup is the new covenant in my blood shed for you and for all people for the forgiveness of sins. Do this in remembrance of me."

Great is the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

INVITATION TO COMMUNION

Come to the table.

Feast on God's goodness and mercy.

COMMUNION

(Zion practices an open table. God welcomes everyone to come forward. Young children may receive bread and a blessing. If you prefer not to receive, fold your hands and receive a blessing. Grape juice and gluten free wafers are available; please ask your servers. Come to the Lord's table and share in the feast!)

LAMB OF GOD

RED ELW page 146

**Lamb of God, you take away the sin of the world;
have mercy on us.**

**Lamb of God, you take away the sin of the world;
have mercy on us.**

**Lamb of God, you take away the sin of the world;
grant us peace.**

COMMUNION DISTRIBUTION

COMMUNION BLESSING

POST COMMUNION PRAYER

God of our salvation,

**we give you thanks for this meal that restores our souls,
reconciles us to you, and strengthens us for the journey.**

**Through the body and blood of your Son,
may we become Christ's body in the world,
bearing witness to your love for all creation,
through Jesus Christ, our Savior and Lord.**

Amen.

SENDING

God blesses us and sends us in mission to the world.

BLESSING

Receive the blessing of the holy Trinity:
God, who calls all things into existence,
Jesus Christ, who redeems us,
and the Holy Spirit, whose breath sustains creation,
✝ bless you now and always.

Amen.

CLOSING HYMN

Rock of Ages, Cleft for Me RED ELW #623
(Vs. 1 & 2)

- 1** Rock of Ages, cleft for me,
let me hide myself in thee;
let the water and the blood,
from thy riven side which flowed,
be of sin the double cure;
cleanse me from its guilt and pow'r.
- 2** Not the labors of my hands
can fulfill thy law's demands;
could my zeal no respite know,
could my tears forever flow,
all for sin could not atone;
thou must save, and thou alone.

Text: Augustus M. Toplady, 1740-1778
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DISMISSAL

Go in peace. Believe the good news.
Thanks be to God.

POSTLUDE



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Church ArtPro

Account #73982207—6/30/2026

Weekly Announcements



Please
be
Praying
for...

Please keep these family, friends and members in your prayers: Dilshad & Sonya Perani, Gary Revier and Deb Otto

Welcome Guests!

Please sign the visitor book in the entrance to the sanctuary.

We are glad you are here!

Hunger Jar for the month of March is designated to Sibley County FoodShare.

Easter Garden flower forms are due into the secretary's office by Sunday, March 8.

AV Team Members needed

Join our AV Team!

It's much easier than you think! Can be 1 or 2 Sundays per month. If we can do it, you can do it! Talk to any of us.

Joe, Tim, Elton, Jan & Matt

Youth Game Day—Will be held on February 22, from 1-3. Please sign up with Pastor Gretchen.

Pr. Gretchen will be out of the office Monday, March 9—
Wednesday, March 11 at System Academy in Chicago.

If you have a pastoral need please contact

Pastor Erik Karlson 507-766-5870

Pastor Gretchen Pierskalla

952-237-1060

pastor@zionarlington.org

Hours for the week of March 8

Monday, March 9—Wednesday, March 11—System Academy in Chicago

Thursday, March 12—1p-4p

by appointment

Stacy's Office Hours

Monday—Thursday, 2:30p-5:00p

Worship Assistants

March 8

Usher: John & Lana Woehler
Dale & Laurie Stern
Greeter: Michael Christeson
Acolyte: Jacqueline Christeson
Reader: Brenda Danielson
AV Team: Matt & Jan Giesen
Altar Guild: Jane Scharpe, Starla Schilling
Bread Maker: Jane Scharpe

March 11—Lenten Worship

Usher: Mary Sylwester, Scott Bergs
Greeter: Mary Lietz
Acolyte: Jack Ruehling
Reader: Wendy Pederson

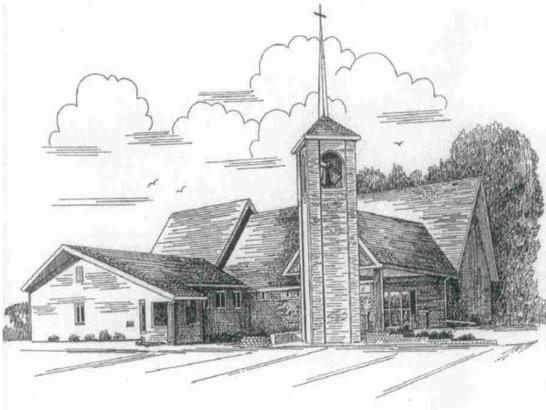
March 15

Usher: Deb Stenzel, Starla Schilling
Mary Lietz, Nancy Mathwig
Greeter: Jerry & Diane Ebersviller
Acolyte: Daphne Hazelwood
Reader: Scott Bergs
AV Team: Matt & Jan Giesen

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Zion Lutheran Church ELCA

This Week at Zion:

Sunday, March 8	9:00a 10:00a	Worship w/Holy Communion Sunday School
Tuesday, March 10	3:00p	Anniversary Committee Meeting
Wednesday, March 11	5:30p 6:30p	Lenten Supper Lenten Worship
Thursday, March 12	10:00a 6:00p 7:00p	Adult Bible Study Committee Meeting Night Church Council
Sunday, March 15	9:00a 10:00a	Worship Sunday School

LSS Meals on Wheels Monday—Friday 9:00a—12:00p
